CONFIT DUCK A L'ORANGE

Autumn ALC menu 2024 Meat Main Course Main plate I Side plate I Cast iron dish

1 each Confit duck DK

65g Braised Red Cabbage DK

60ml Orange jus DK

30ml Water

3 each Fresh orange segments H2

5g Micro salad

1ptn Gratin dauphinois - SR



PREP JOBS

- 1. Bake gratin dauphinois as per Sub recipe
- 2. Segment oranges

METHOD

- 1. Remove duck from the bag and place in steel oval dish with cabbage, orange jus and water, then place in the deck oven for 10-12 minutes
- 2. Place gratin dauphinois in convection oven for 5 minutes at 180°c.
- 3. Place cabbage & orange jus on the plate followed by duck then orange segments as shown and micro salad
- 4. Serve with gratin dauphinois on the side as per picture









SAFETY STEPS

1. Use yellow tongs to remove the duck from the oval dish.