CRISPY COMTE SPROUTS

Christmas Specials 2024 Grill Section Medium blue dish I Side plate

180g Brussels sprouts

1 pinch salt

30g Mornay Sauce DK5g Comté block DK



PREP JOBS

- 1. Peel off any discoloured outer leaves from your Brussels sprouts and trim off the bottom while still leaving the stem intact
- 2. Cut the Brussel sprouts in half

METHOD

- 1. Deep fry the sprouts in fish fryer until browned and cooked then season with salt
- 2. Warm up the mornay sauce in the dish in the microwave for 20 seconds
- 3. Place the fried sprouts in the middle, then micro plane the Comté cheese on top

SAFETY STEPS

- 1. Only use the fish fryer.
- 2. Wash hands after touching cheese.