FISH GOUJONS

Autumn ALC menu 2024 Children's mains Starter plate I Blue striped paper I Ramekins x 2

75g Fish goujons50g Peas30g Tomato Mayo - SR



METHOD

- 1. Mix 20g mayo & 10g tomato Provençal sauce
- 2. Deep fry goujons in fish fryer at 180°c until golden brown and cooked through
- 3. Place to peas into a ramekin, re-heat in the microwave for 20 seconds.
- 4. Place tomato mayo into a ramekin.
- 5. Serve the cooked goujons with peas and mayo as shown

GRILLED CHEESE & HAM TOAST

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1 sliceWhite bread20gMornay sauce DK1 sliceBayonne Ham15gGrated Comté



METHOD

- 1. Toast bread on one side
- 2. Spread the mornay sauce on the side of the bread not toasted following by the ham and the cheese.
- 3. Place under salamander until cheese and mornay sauce is melted.
- 4. Serve with sides chosen by the guest on the side.

